## Outdoor Education Major at Northland College: Four Year Planning Grid, 2014-16

- OED Major or Minor Required Course
- Elective

### Freshman Fall
- 2 or 4 Connections Courses
  - Group Process and Leadership
  - Facilitating Challenge Course Programs
  - Possible elective

### Freshman Winter
- 2 Connections Courses and take two of the following:
  - Foundations and Principles of Outdoor Education
  - Group Process and Leadership
  - Environmental Education Curriculum Review
  - Inclusive Outdoor Education

### Freshman Spring (1-5 credits)
- Canoeing
- Wilderness Navigation
- Access and Diversity
  - Outdoor Education or other elective
  - Outward Bound, NOLS

### Sophomore Fall
- 2 Liberal Education Courses
  - Group Process and Leadership
  - Facilitating Challenge Course Programs
  - Possible elective e.g. Outdoor Orientation Training

### Sophomore Winter
- 2 Liberal Education Courses and take one or more of the required courses:
  - Foundations and Principles of Outdoor Education
  - Group Process and Leadership
  - Environmental Education Curriculum Review
  - Inclusive OE
  - electives

### Sophomore Spring (1-5 credits)
- Canoeing
- Wilderness Navigation
- Access and Diversity
  - Outdoor Education or other elective
  - Outward Bound, NOLS
  - First Responder Certification during Spring Break

### Junior Fall
- Outdoor Education Professional Development Block
  - Concurrent enrollment required for OE Majors
  - Water skills and water travel
  - Woodcraft and Woodland skills
  - Outdoor Education Teaching Techniques
  - Land skills and Land travel

### Junior Winter
- Winter Travel and Living Skills
- OE Programming and Risk Management
- Wilderness writers and Philosophers
  - OE Elective or Advanced Topics e.g. Interpretive Program Design, Universal Design Laboratory

### Junior Spring (1-5 credits)
- Wilderness First Responder Certification during Spring Break
- OED Advanced Topics e.g. Apostle Islands School, Outward Bound, NOLS, Wilderness Instructor Training
- Access and Diversity
  - Capstone (10-12 weeks)

### Senior Fall
- Facilitating Challenge Course Programs
- OE Advanced Topic or elective e.g. Wilderness Emergency Care, Advanced Topics in Natural History, Analysis of Human Performance
  - electives

### Senior Winter
- OE Advanced Topic or elective e.g. Therapeutic Principles and Practices, Interpretive Program Design, Musculoskeletal Anatomy
- Wilderness writers and Philosophers
  - electives

### Senior Spring
- Wilderness First Responder Certification during Spring Break
- OED Advanced Topics e.g. Apostle Islands School, Outward Bound, NOLS, Wilderness Instructor Training
  - Capstone (10-12 weeks)